

# General Plan Advisory Committee Meeting #7

*January 6, 2010*

## Healthy Living: Policy Framework

### Healthy Living

Provide safe and convenient access to healthy foods.

1. Encourage access to healthy food retail establishments in all neighborhoods.
2. Support and expand community gardens, farmers' markets and edible schoolyards.
3. Require healthy food options at all City events and in vending machines on City property.
4. Continue to prohibit new drive-through restaurants.
5. Continue to prohibit concentrations of liquor stores in all areas of City.
6. Seek to minimize availability of unhealthy food options close to schools.

Support a built environment that encourages healthy living and positive health outcomes.

1. Implement land use policies that create a mix of uses and development near high-frequency transit service.
2. Prioritize transportation improvements that promote walking, biking and transit use.
3. Support an increase in access to parks, open spaces and recreational activities as a means of increasing physical activity for residents.